

CLIFF WOLD'S PRE-CANOE TRIP CHECK SHEET AND MENU SELECTION FORM FOR SUPER DELUXE CANOE TRAIL MEALS



**Fill out and MAIL TO: CLIFF WOLD'S, 1731 E. Sheridan, Ely, MN 55731 or CALL IN
(218) 365-3267 at least 72 hours before you are to arrive for your trip.**

Name of Leader _____	Leader's Home Town _____	Leader's Phone No. _____
Date of Arrival at Cliff Wold's in Ely _____	Estimated Time of your Arrival _____	Exact Date Group will Leave the canoe Landing _____

FOR PACKING YOUR EQUIPMENT AND FOOD, FILL IN THE FOLLOWING:

No. Days Contracted on Canoe Trails _____	Number of women or teenage girls _____	Number of male adults _____	No. of teenage boys under 19 _____	Number of children 6 to 12 _____	Number under 6 _____	Total Number of people _____
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INSTRUCTIONS: Place the day or days on the Canoe Trails you wish a particular meal served in the space or spaces to the left of the title. For example, if you wish "PANCAKES & BACON" the first morning on the Canoe Trails, place a "1" in the first space to the left. If you want "PANCAKES & BACON" served a second time, say the fifth day, place a "5" in the second space to the left. Due to spoilage "FRESH EGGS & SAUSAGE LINKS" may be served only the first morning.

YOUR CHOICE OF EIGHT CUSTOM PACKED DELUXE CANOE TRAIL BREAKFASTS:

If staying overnight before your trip at our campground-bunkhouse area and you wish to have a "Quick Breakfast" of dry cereals, milk, roll, coffee delivered to the site that morning at extra cost, check here: _____

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| ___ *FRESH EGGS & SAUS. LINKS, toast, jelly, margarine, coffee, tea, and/or hot chocolate | ___ OATMEAL & APPLESAUCE with milk, sugar, coffee, tea, and/or hot chocolate | ___ SCRAMBLED EGGS with BACO BITS, hash browns, coffee, tea and/or hot chocolate | ___ BLUEBERRY PANCAKES & BACON, maple flavored syrup, coffee, tea, and/or hot chocolate |
| ___ *FRESH EGGS & BACON, hash browns, toast, jelly, coffee, tea, and/or hot chocolate | ___ PANCAKES & BACON, maple flavored syrup, coffee, tea, and/or hot chocolate | ___ GRANOLA & FRUIT with milk, coffee, tea, and/or hot chocolate | ___ FRENCH TOAST & BACON maple flavored syrup, coffee, tea, and/or hot chocolate |

Indicate mornings juice is to be added: _____	Indicate number of coffee drinkers: _____	Who use Cream: _____	Who use sugar: _____	Who use de-caf coffee: _____	Number of Tea Drinkers _____
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For breakfast indicate the number of people wanting Hot Chocolate: _____

*Please select for the first morning on the Canoe Trails only. Because of breakage, a second breakfast of fresh eggs should not be selected later than the third day on the Canoe Trails.

YOUR CHOICE OF EIGHT EASY TO PREPARE CUSTOM PACKED DELUXE QUICK LUNCHES:

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|--|---|---|--|
| ** ___ HAM & CHEESE sandwiches, peanut butter & jelly sandwiches, fruit flavored beverage, coffee, tea, dessert | ___ CHEESE SANDWICHES, peanut butter & jelly sandwiches, fruit flavored beverage, tea, coffee, dessert | ___ CHEESE CHUNKS, peanut butter & jelly sandwiches, fruit flavored beverage, coffee, tea, dessert | ___ CREAM OF CHICKEN SOUP, peanut butter & jelly sandwiches, fruit flavored beverage, coffee, tea, dessert |
| ** ___ LUNCH MEAT & CHEESE sandwiches, peanut butter & jelly sandwiches, fruit flavored beverage, tea, coffee, dessert | ___ SAUSAGE SANDWICHES, peanut butter & jelly sandwiches, fruit flavored beverage, coffee, tea, dessert | ___ SAUSAGE CHUNKS, peanut butter & jelly sandwiches, fruit flavored beverage, coffee, tea, dessert | ___ BEEF JERKY & TRAIL MIX peanut butter & jelly sandwiches, fruit flavored beverage, coffee, tea, dessert |

**Recommended for first or second day only . . . All sandwiches containing cheese may be grilled.

Indicate the amount of the kinds of bread you wish packed for lunches (all - 1/4 - 1/2 - etc.)

White Bread _____	Whole Wheat _____	Cinnamon Raisin _____
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YOUR CHOICE OF TWELVE CUSTOM PACKED DELUXE DINNERS:

* FRESH FRIED CHICKEN, mashed potatoes, gravy, vegetable, coffee, tea fruit flavored beverage, coffee, dessert

** HAM DINNER, mashed potatoes, vegetable, tea, coffee, and/or fruit flavored beverage, coffee, tea, dessert

CHICKEN & RICE vegetable, coffee, tea, and/or fruit flavored beverage, dessert

BEEF STEW coffee, tea and/or fruit flavored beverage, dessert

* 6 OZ. RIB EYE STEAK, hash browns, vegetable, tea, coffee, fruit flavored beverage, dessert

** POLISH SAUSAGE, mashed potatoes, vegetable, tea, coffee, fruit flavored beverage, dessert

MEAT STROGANOFF, vegetable, tea, coffee, fruit flavored beverage, dessert

CHICKEN A LA KING with noodles, tea, coffee, fruit flavored beverage, dessert

* GROUND BEEF, hash browns, vegetable, tea, coffee, fruit flavored beverage, dessert

BEEF & GRAVY over mashed potatoes, vegetable, coffee, tea, fruit flavored beverage, dessert

MEAT & SPAGHETTI, vegetable, coffee, tea, fruit flavored beverage, dessert

MACARONI & CHEESE vegetable, coffee, tea, fruit flavored beverage, dessert

Cross out any beverages not wanted for the evening meal: Coffee, Tea, Fruit flavored beverage.

*Recommended for the first dinner only . . . **For the first or second day only. Please note: Our hash browns reconstitute by simmering just a few minutes.

YOUR CHOICE OF, IF DESIRED, CUSTOM PACKED DELUXE STEAKS INSTEAD OF 6 OZ.: (Place number wanted in space to left)

* 8 oz. RIB-EYE STEAK (at extra cost) * 10 oz. RIB-EYE STEAK (at extra cost)

NOTE: A staples bag will be packed containing seasonings, extra punch, coffee, tea, sugar, shortening, etc. Plus the following for your evening snacks as desired: Give number of times you'd like any of the evening snacks: Popcorn And for those who want to bake: Brownie Mix , and/or Nut Bread Mix Check the amount of shortening and fish mix for frying fish you want packed for your group: None Average Amount Ample Amount

LEADERS, PLEASE NOTE: Do not forget to bring for each cooking and camping group of from 2 to 9 people A FIRST AID KIT, ANY SPECIAL ROPE, A COMPASS and if desired, a pliers and file. Please inform us of any other dietary needs.

Date signed _____ Year _____

Signature of group leader